



CELEBRATION OF THE EUCHARIST: Fr. Steve reminded us that God brings peace so we should ask for help when we are in need and that our work is to know God and pray for others. Fr. Eric reminded us that we are a work of God through good and bad times. (The students get these reminders during the week. Hopefully they are getting another reminder each weekend during the Celebration of the Eucharist with you.)

SCHOLAR BOWL: The scholar bowl team won their sectional on Monday. They will compete in the State Tournament on Friday (today). The team is coached by Mrs. Hrabusicky and Mr. Kassebaum.





TRACK TEAMS: The girls **AND** boys won their regional track meet this week. The teams are coached by Tammy Mitchell Hines, Mike Braun, Dan Jansen, Sue Dalpoas, and Devin Dalpoas. **4TH GRADE FIELD TRIP**: The 4th graders participated in the Cardinals Academic Program this week. They learned how reporters ask good questions, learned how baseball is a worldwide sport, learned about the scientific process that occurs when a bat hits a ball, and took a tour of the stadium. They then traveled to the World Bird Sanctuary to learn more about different raptors and their adaptations. Special thanks to parent chaperones: Daren Williamson, Jessica Wachtel, Tiffany VanMatre, Ashley Veteto, Cheri Sturm, Kristin Mestdagh, Hilary Hertenstein, Jillian Holdener and ICS faculty: Mrs. Ettling and Mr. Crean.





3RD GRADE FIELD TRIP: The 3rd graders went to the Myseum this week. Special thanks to parent chaperones: Jen Durako, Deidra Doerr, Ashley Burris, Kim Foutch, David Voyda, Christy Hornacek, Carrie Daigle, Amanda Ritson, and Michelle Muckensturm along with ICS teachers: Ms. Wright and Mrs. Kennedy.



ATHLETIC UNIFORMS: We are still missing some athletic uniforms. PLEASE check to see if you have any at your house. If you have any questions contact Mrs. Whelan lwhelan@icsmail.org.

NEW MEMBERS OF THE ICS FAMILY: I am excited to announce two new teachers to our staff starting the 24-25 school year. Ms. Claire Doiron will be teaching our 3rd graders. Ms. Doiron is currently teaching at St. John Neumann School in Maryville. Mrs. Trish Denton will be teaching 5th grade math and social studies and 6th grade religion. Mrs. Denton is currently teaching at Notre Dame School in Belleville.

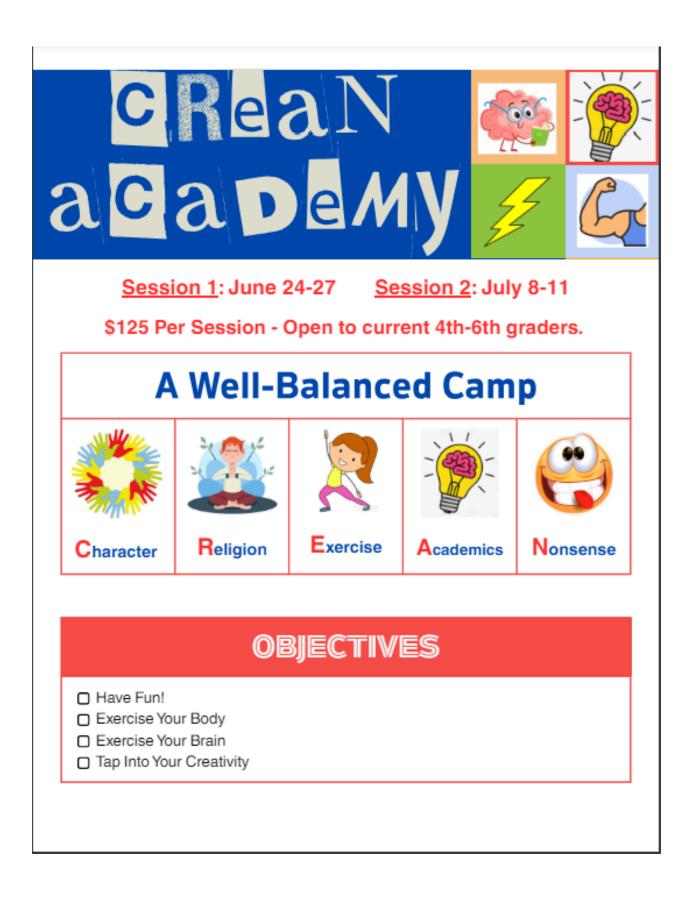
NEW ADMINISTRATIVE ASSISTANT: Mrs. Lori Deffenbaugh will be joining the office staff starting in August.

GIVE STL: Give STL Day is Thursday, May 9. This is an annual online event supporting local non-profits. We have participated for several years -it is a great way to raise money for our wonderful school. This year, money that we raise will support classroom technology and resources. Once again, Parents and Friends will match donations up to \$10,000! Support Immaculate Conception School on Give STL Day

TEACHER APPRECIATION WEEK: Parents and Friends are asking for volunteers: <u>2024</u> <u>Teacher Appreciation Week Volunteers</u>

ST. RAYMOND COLLECTION: We collected \$262.85 on Thursday.

SUMMER FUN: Check out this fun summer opportunity for current 4th-6th graders with Mr. Crean:



WHAT WE'LL DO			
Character Ed	Lessons on growth mindset, resiliency, assertiveness, and self-discipline.		
Religion	Quick, simple daily meditations, gratitude, and journaling.		
Exercise	Fun daily workouts and play-based fitness.		
Academics	Focus on individualized skills tailored to ability levels.		
Nonsense	Games and fun that spark creativity, humor, and teamwork.		

DAILY AGENDA

- 8:00 8:30 Daily mindfulness and gratitude exercises.
- 8:30 9:15 Charge your body with fun physical fitness activities.
- 9:15-10:15 Exercise your brain with fun math, reading, and writing activities.
- 10:15 10:30 Healthy snack
- 10:30 11:00 Character lessons.
- 11:00-12:00 Fun games and activities

OF NOTE

- Deadline for registration is May 20th.
- Each week-long session will focus on different topics and activities so that children who attend both sessions can have a new experience.

Sign my child up! <u>Email</u>: mcrean@icsmail.org or return the form.

Child's Name:	Grade
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We'd like to register for (circle): Session 1 Session 2 Both Sessions

SCHOOL BOARD: It is that time of year again when we ask school parents to discern as to whether they are being called to serve on our School Board.

We are currently collecting names to be drawn on May 11, at the end of 5 p.m.Mass for new members of the School Board. Below is a brief synopsis of what is involved in serving on the School Board.

• Serve as an advisory group to support the Principal and Pastor in developing and implementing school policies.

• Meet every 3rd Tuesday of the month, 3-year term beginning in June.

Please consider placing your name in the discernment box (located in the gathering space at church)! If you have questions or want to submit your name by email, please contact Kyle Doerr at 618-604-7808, or boardpresident@icsmail.org.

LAST DAY OF SCHOOL: 8th grade - May 14 Kindergarten - May 16 Preschool, PreK, Grades 1-7 - May 21 12:00 DISMISSAL NO LATCHKEY

ATTENTION BOURBON LOVERS: ICS Class of 2025 is offering a Bourbon Raffle to benefit next year's Washington D.C. trip.

\$25each or 5/\$100 . . . for a chance at \$750 worth of quality bourbon!

Choose a participating student from the drop list when you purchase - they will appreciate your support! <u>https://fundraise.givesmart.com/form/UPnG_w?vid=14x39g</u>

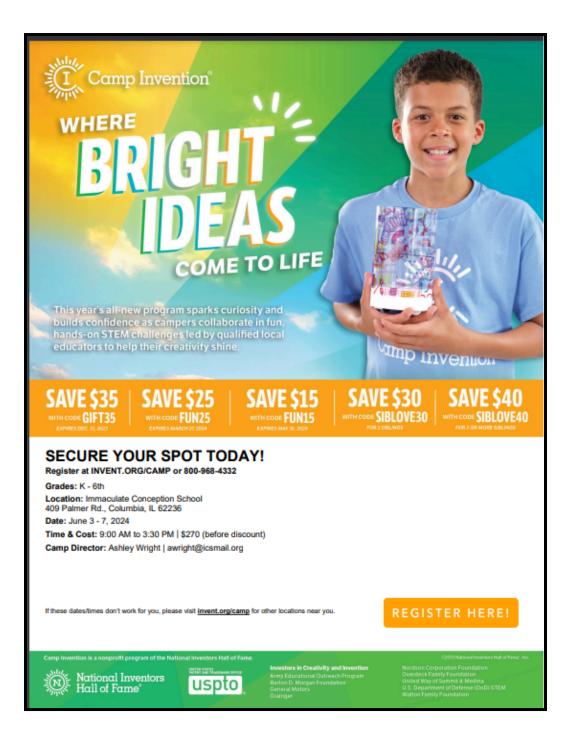
END HUNGER FOOD DRIVE: April 26-May 10

HUB Foods, a division of Catholic Urban Programs, has partnered with Immaculate Conception and other locations to participate in the Metro East Food Pantry Coalition Presents: "Drop in Basket to End Hunger" April 26th - May 10th.

From HUB Foods: "We have entered a season when donations tend to drop off and our shelves are more empty than normal, but our need will begin to increase as we prepare for the summer months when children are out of school and won't receive two meals a day at school. Your support of this drive would be most meaningful to the clients HUB Foods serves!"

All non-perishable items are welcome, especially if they would be part of a nourishing meal! Bring the items to the barrel provided in our church Gathering Space between April 26 and May 10. THANK YOU! **CAMP INVENTION:** We still have openings for campers!!! Last year we were full and had a waiting list. Sign up now!!!

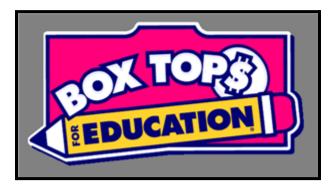
We are also looking for high school volunteers!!!



BOX TOPS FOR EDUCATION: This is FREE \$\$\$

for ICS!!! It's simple to scan a paper receipt or use a digital receipt in the free app on your phone. We need more participation and receipts scanned to get closer to our annual fundraising goal of \$1000.

The updated total is \$333.20. 1st grade has the most participation. 2nd grade is in second. Kindergarten is in third.



Think Costco, Sam's Club, Aldi, Schnucks, Walmart, Target, Amazon - both digital and paper receipts work!

When you buy participating products at Walmart you longer have to scan your receipt for ICS to earn Box Top points. Just link your Walmart account to Box Tops for hassle free donations to our school. Check this link for details.

https://www.boxtops4education.com/s/how-to-earn/walmart-connected-accounts?utm_source=E mail_newsletter&utm_medium=email&utm_campaign=BTFE_04_04_2024&vcode=AQAAAAEB AQEBAQEBAQEBAQEBAQEBWMd1MVpoP7KnA5Kt30qZ7HfB6lockobN2YeD2u8FwwWY--Clv 3rzUgAgVWod8s78vDjCbzuVvW1Unrf1ar9QgQ%3D%3D

DOWNLOAD THE APP, SCAN YOUR FOOD RECEIPTS - IT IS THAT SIMPLE!!! (If I can do it, anyone can.) or **SEND IN YOUR RECEIPTS AND I WILL DO IT FOR YOU!!!**

RECESSES SUPERVISION HELP: We are asking for volunteer help at recess time. All volunteers must be Child Protection compliant. Here is the link to sign up https://www.signupgenius.com/go/10C0E4EA9A82FAAFBC52-icsrecess

ICS EVENTS:

May

- May 9: Spring Band Concert/Art Show 7:00 pm
- May 10: Awards Night/Dance(Grades 5-8) 7:00 pm
- May 14: 8th Grade Baccalaureate Mass 10:30 am
- May 16: Kindergarten Graduation 10:00 am
- May 17: No Bus at 3:00 pm
 - 8th Grade Graduation 6:00 pm
- May 21: Last Day of School 12:00 Dismissal, No Bus at 12:00 NO LATCHKEY

PARENTS AND FRIENDS: Nominations are OPEN for June 2024 - May 2026 Executive Board Positions of President, Treasurer & Public Relations Representative and can be made on the pinned Facebook post or to any current Executive Board member. Elections will be held at the May 13th Meeting.

ICS SOCCER CAMP: Check out the flier at the end of the newsletter. This is the same awesome camp that we have put on for many years. We partner with Elite FT to put it on. Last summer we had 92 ICS boys and girls participate. For the month of April, you can save \$15 on registration by using the code "early15". New this year: the camp will be at the CHS Athletic Field. This will allow for less chance to cancel due to rain, and much better viewing for parents. Any questions, please reach out to Brian Boyd at bmboyd02@yahoo.com

GIBAULT INFO:

Spring Concert: Join us for an evening of entertainment at our Spring Concert on Sunday, May 5, at 7 p.m.

Senior Art Show: The Class of 2024 art exhibit will be open at Awards Night on May 17 at 7 p.m. and Graduation on May 20 at 7 p.m.

Summer Camps: Registration for our summer camps is now open! Choose from art, boys' and girls' basketball, boys' and girls' volleyball, and boy's soccer.

https://gibaulthawks.com/2024-summer-camps/

Summer Classic Golf Tournament:

Tee up for the students of Gibault Catholic High School as part of our 27th Summer Classic Golf Tournament! This year's tournament will be held on Friday, June 21, 2024, and there are lots of ways to get involved. You can sponsor our event, donate raffle prizes, or gather a team to play at the beautiful Annbriar Golf Course. For more info, email dfrasure@gibaulthawks.com or visit our event website: https://SummerClassic.givesmart.com

QUOTES OF THE WEEK: Mrs. Sullivan was talking to one of the kindergarteners about a trip they went on last weekend. Mrs. Sullivan asked her, "Did you drive?" The student replied, "**No**, **my dad did.**" (Of course, surely the kindergartener didn't drive.)

I walked into Mr. Kassebaum's room as the 8th graders were dissecting pigs. As one of the students was cutting open their pig I heard them say, "**Ooh, that was crunchy.**" (I am not sure they cut the right thing.)

PRAYER LIST: Valerie Weier, Mike Juengling, Sandy Kirkpatrick, Bryan Kennedy, Greg Thebeau, Nan Chapman, Stella Schultz, John Belpedio, Donna Ritson, Geri Griffin, Whitney Embick, Mike Neal, Jill Dalke, all those serving in the military. (If you would like a loved one added to this list please email me.)

ETERNAL REST: Please keep Robbie Stokes (grade 5) and his family in your prayers as he mourns the passing of his dad Jim.

"The mission of Immaculate Conception School is to provide experiences to inspire, challenge, and nurture the mind, body, and spirit of our students within the framework of the Gospel of Jesus Christ and the tradition of the Catholic Church."





2024 Columbia Summer Running Club

When: From 7:30am till 8:45am on Mondays, Tuesdays & Thursdays from May 23rd till July 30th

- Mondays and <u>Thursdays</u> all runners.
- <u>Tuesday</u> sessions will be for experienced runners - runners invited to participate.
- Optional Weekend runs.

Where: Mondays at Metter Park

Tuesday & Thursday at City Park (Bolm-Schuhkraft - main pavilion)

Who: Students entering 5th-12th grade with an interest in running. Those entering grades 4 and below are welcome to join but will require supervision stay during the camp.

What: A summer running program whose mission is to develop fitness and foster a passion for running. We will spend the summer developing the aerobic energy system. This program will help prepare athletes for cross country, soccer, basketball, track, hockey, and more. We will be running, playing games, and consuming lots of popsicles.

Cost: \$50 covers participation for the entire summer. All participants will have the opportunity to earn "50, 100, & 150 Mile Summer" awards.

Expectations:

- Participants have a desire to run and seek improvement.
- Runners are capable of safely and respectably navigating public sidewalks, trails, and neighborhood streets.

New this Year: High school age kids will have unique opportunities to prepare for high school cross country.

What to bring:

- Please bring a <u>water bottle</u>.
- Quality <u>running shoes</u>. To get the most life out of running shoes, I use my running shoes just for running. Then they become my everyday shoes.
- A simple wristwatch with a stopwatch function is strongly suggested. A lot of runs will be to run for a certain period of time and it is difficult to keep time for everyone once they spread out.

Other items to note:

- Parents are strongly encouraged to come out to run or walk with us.
- Runners are not obligated to come to every session. I want the kids to go to camp, go on vacation, visit family, and enjoy all their events during the summer. Running rewards those who train consistently so try to get out for a run when you miss a running club session.
- An optional activity will be traveling to participate in "Detweiller at Dark" an evening cross country race held at Detweiller Park near Peoria, IL on Friday, July 26th. This is the same park that hosts the IHSA State Cross Country Meet. More details at a later date.
- Not sure if running is your thing? Come out and try it before you commit to the entire summer.
- Questions? Please contact Michael Braun at 618.530.5473 or <u>Michael.braun.stl@gmail.com</u>

If you want to get involved please contact Mike as more help is always welcome!

Columbia Summer Running Club Registration Form (one Form per family)

Runner 1:	Age	Entering Grade	
T-shirt Size: Y-S Y-M Y-L A-S A-M A-L A-XL			
Runner 2	Age	Entering Grade	
T-shirt Size: Y-S Y-M Y-L A-S A-M A-L A-XL			
Runner 3:	Age	Entering Grade	
T-shirt Size: Y-S Y-M Y-L A-S A-M A-L A-XL			
Father's Name:	Phone	:	
Email:			
Mother's Name:	Phone	Phone:	
Email:			
Babysitter/Grandparent/Other person who will pick up runners	ŝ		
Name:	Phone	:	
By signing below, I recognize that running is a dangerous activit will not hold Michael Braun or any person assisting with the run injuries that might occur while participating in this event. This connected with Immaculate Conception Catholic Church or Imm behavior, actions, or words are unsafe, disrespectful, or harmfur return to running club. By signing below, you attest that all run this activity. Furthermore, I give Michael Braun or other delega emergency medical assistance for my child if necessary.	n club responsib activity is separa maculate Concep ul in any way the nners are physica	le for any accidents or ate from and not otion School. If a runner's by may not be allowed to ally able to participate in	
Runners Signature:	Date:		
Parent's Signature:	Date:	Date:	
Please include any medical conditions that we should be aware child. (ex. asthma, breathing difficulties, irregular heartbeat, a			

Please complete and return via email to <u>Michael.braun.stl@gmail.com</u> or to 503 N Metter Ave, Columbia, IL 62236. Checks payable to Columbia Summer Run Club or venmo @Michael-Braun-74



UPDATED 4/24

ICS Art Camp

with Mrs. Fetcho

Come create and express yourself this summer at the IC art room. You will get messy and have a lot of fun! Learn new ways of seeing things and new ways of using everyday items to create something new.

Have students wear old clothes because we will make a mess!

Lower Level - Playground entrance to the Art Room. 9:00am - 12:00pm bring a snack and a water bottle. Project materials included. \$175.00

Sign up by emailing <u>cfetcho@icsmail.org</u> or send a text 314-565-7354. Checks should be made out to Carol Fetcho and due on the first day of camp.

June 10 - June 14 Grades 1st-7th

This camp will focus on creating art pieces that relate to popular culture old and new. Creating some two and three dimensional pieces using everyday subjects. Let's explore and create outside the box.

June 17 - 21 Grades 1st - 7th Sculpt and Weave

Explore cardboard, plaster, canvas board, cardboard shapes, plastic cups, clay and all kinds of fun things in this class. What kinds of three dimensions can we make? We will weave, sculpt and assemble some 2 and 3 dimensional pieces

Kiwanis Club of Columbia Annual Golf Tournament

Saturday, June 15, 2024 at Acorns Golf Links

> 6:45am Registration 7:45hotgun Start **4-Person Scramble**

ration Includes: 18 holes of golf with cart, meal, and beverages. PRIZES for A, B, and C flights, Closest to the Pin, and Longest Drive!

> **Team Registration** \$120/person or \$480/team

To Register Online, scan QR code:

To Pay Via PayPal, scan QR Code:





PayPal may be used for Team and/or Sponsorships. Please include Team Captain and Business name in memo. Checks are also able to be made out to:

KIWANIS CLUB OF COLUMBIA

P.O. Box 923

Columbia, IL 62236

Captain: Questions? Call Alicia at (618) 709-8373 Player 2: Register Early- 1st Come, 1st Serve Limited to 36 teams!!!

Player 3: Player 4:

Captain Email & Phone:



11th Annual

Captain Joe Callis Sr

5K Run/Walk and Fun Run

Hosted by Monroe County Fraternal Order of Police



SATURDAY, JUNE 15 - 9AM

BORSCH PARK, VALMEYER, IL

ALL PROCEEDS BENEFIT AREA HIGH SCHOOL STUDENTS THROUGH THE MONROE COUNTY FOP SCHOLARSHIP FUND

EARLY REGISTRATION: \$25

LATER REGISTRATION: \$ 30

RACE STARTS: 9 AM

CHECK IN STARTS: 8 AM

MEDALS FOR FINISHERS

ATTENDENCE PRIZES

T-SHIRTS FOR PARTICIPANTS

FREE REFRESHMENTS

MORE INFORMATION & REGISTRATION

Registration forms available at Columbia Police Department, Valmeyer Police Department, Waterloo Police Department and Monroe County Sheriff's Department

Email: monroecountyfop145@gmail.com

https://www.facebook.com/monroecountyfop145



Scan the QR Code for online registration.



11th Annual Captain Joe Callis Sr 5K Run/Walk & 1/2-Mile Fun Run

Saturday, June 15th, 2024 at Borsch Park, 409 MAR Graphics Drive, Valmeyer, IL at 9:00 AM- 5K Run/Walk. The 1/2-Mile Kids Fun Run will immediately follow the completion of the 5K. Free refreshments, attendance prizes and food at the event. DJ services provided by "Best Man DJ Service."

COURSE: Course will be an out-&-back, starting & finishing at Borsch Park. The run will consist partially of The Johnson Trail. The trail is solid and flat but could be muddy if the weather is wet. Dress appropriately. Professional timing provided by "Toolen's Running Start."

VIRTUAL RUNNER: For those that are unable to participate but want to join in the fun. Virtual runners get a t-shirt and a raffle ticket for attendance prizes and raffle items.

AWARDS: The top 3 overall winners will receive plaques. The top 3 finishers, male and female in each age division (Under 13, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, over 70) will receive medals. The awards presentation will take place after the Fun Run.

PACKET PICK-UP: Packets and T-shirts will be available at the Columbia Police Department on June 14th or at Borsch Park on race day. <u>Payment must be received before packets</u> <u>are issued.</u>

ENTRY FEES: Entry fees postmarked by Friday, May 17, 2024, are \$25 and guarantees the correct sized shirt for the runner. Entries after May 17th are \$30. Children under 10 years old are \$10. Virtual Runners \$20. Make checks payable to: Monroe County FOP #145. Entry fees are NONREFUNDABLE. Race will be held rain or shine.

REGISTRATION: Form can be found on the **Monroe County FOP # 145** Facebook page, e-mailed, or picked up at any Monroe County Law Enforcement Agency. Scan the QR code below to sign up online.



Online registration must be followed by a VENMO transaction or mailed check.

ONLINE PAYMENT: Online payment is available through VENMO by scanning the QR code or @Monroe-CountyFOP



ADDITIONAL INFO: Questions, Comments, Concerns? Please contact Jim Vogt by <u>e-mail</u> at <u>monroecountyfop145@qmail.com</u>

All Donations Benefit the Monroe County FOP Scholarship Fund

REGISTRATION FORM

11th Annual Captain Joe Callis Sr 5K Run/Walk & 1/2-Mile Fun Run

(PLEASE PRINT CLEARLY)					
NAME:					
ADDRESS:					
СІТҮ:	STATE:	ZIP:			
TELEPHONE #:	GENDER: M / F A	GE AS OF 6/15/24:			
EMAIL ADDRESS:					
RACE (circle only one): 5K Run/Walk \$25	Fun Run/Walk \$1	0 Virtual Runner \$20			
SHIRT SIZE (circle only one): ADULT: S M	L XL XXL Yo	uth:S M L XL			
Waiver of Liability: In consideration of this entry, I the undersigned, intending to be legally bound hereby to myself, heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Monroe County Fraternal Order of Police, the City of Valmeyer, Illinois, Monroe County and the representatives, successors, assignees and all sponsors for any and all injuries suffered by me in said event.					

SIGNATURE: _____ DATE: _____

Please scan the QR code to pay via Venmo:



Or mail with payment to:

Monroe County FOP #145 119 Hill Castle Ct Columbia, IL 62236

Hilltoppers Swim Club

Swim Team Sign-up

Membership Drive & 🥰

swim with the gators!

Tuesday, April 16th • 4 to 6pm

Main Street Abbey-Outdoor Terrace, 340 South Main St., Columbia, IL EVERYONE INVITED!

2024 SEASON RATES

FAMILY membership \$400 • SINGLE membership \$200
SWIM TEAM ONLY membership \$150

SENIOR single membership \$185

Sign up and pay in full this day and you will receive 5 FREE PASSES for the 2024 swim season.

Opening Day ~ May 27, 2024!

Sign up for the Gators Swim Team at the event. Practice starts May 28th. Team practice & meet schedules will be posted online. Team swimsuits will be ordered during sign ups. PREFER CASH, CHECK OR MONEY ORDER AS PAYMENT. Application and fee can be mailed to: Hilltoppers, PO Box 343, Dupo, IL 62239 Credit card may be available but subject to additional fees. For more information visit Hilltoppersswimclub.com

or email hilltoppersswim@gmail.com or call Salle @ 618-799-8001

